Rice Breeding

By Arti Singh, Asheesh Singh (ISU)

Except otherwise noted, this work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License.
Objective

- Become familiar with rice crop, biology of the crop, classification system, adaptation and usage, production constraints, international breeding centers, and breeding methods used to develop pureline and hybrid rice cultivars.
Introduction

Rice is grown on all the six continents in the world except Antarctica. The two cultivated rice species are *Oryza glaberrima*, commonly known as African rice, and *Oryza sativa* L., commonly known as Asian rice which has two major subspecies (japonica and indica). Cultivated rice is a diploid species \((2n=2x=24)\) with basic chromosome number of 12. Twenty one different wild varieties exist. Rice is one of the most important world food crop and is the staple food in numerous countries, particularly in Asia.
Rice has three distinct cultivated species and 21 different wild varieties. Information on the origin of glaberrima and the two oryza subspecies is as below:

- Oryza glabberima - domesticated in West Africa between about 1500 and 800 BC or about 2,000-3,000 years ago (Linares, 2002).
- Oryza sativa japonica - domesticated in central China about 7000 BC or about 8,200-13,500 years ago (Molina et al 2011; Huang et. al., 2012; Harris, D. R., 1996; Vaughan et al, 2008)
- Oryza sativa indica - domesticated in the Indian subcontinent about 2500 BC (Londo et al, 2006)
Major Categories

Rice is grouped into four major categories worldwide:

- indica is the long-grain type and is non sticky when cooked
- japonica is the short-grain type which becomes sticky when cooked
- aromatic is the medium to long-grain type which when cooked has nut-like aroma and taste.
- glutinous is the type that is especially sticky and glue-like when cooked
Domestication and Diversity

Wild Ancestor of Rice

The wild ancestor of cultivated rice (*Oryza rufipogon*) existed over a broad range of geographic regions across Asia. Domestication of *O. rufipogon* in response to human selection resulted in complete transformation of morphological and physiological traits of the plant. Consequently, cultivated rice (*O. sativa*) displays reduced dormancy, grain shattering and outcrossing, and reduced loss of pigmentation in the hull and seed coat.

Fig. 1 The origin and dispersal of domesticated rice. Adapted from Kovach et al. 2007.
Transformation to Cultivated Rice

Fig. 2 Transformation of wild O. rufipogon to cultivated O. sativa due to domestication of rice. a) Panicle - wild O. rufipogon; b) Seeds - wild O. rufipogon; c) Panicle - cultivated O. sativa; d) Seeds - cultivated O. sativa. Photos by Kovack et al., 2007.

In addition, there is a better synchronization of tiller development and panicle formation in modern rice cultivars along with an increased number of secondary panicle branches, higher grain yield and weight, and improved photoperiodic response.
NERICA stands for “New Rice for Africa” developed using interspecific hybridization of *O. glaberrima* (African rice) and *O. sativa* (Indian rice) at the Africa Rice Center (WARDA). NERICA was developed for the purpose of raising the yield of African rice cultivars.

![Vegetative and Reproductive Growth Habit of O. sativa and O. glaberrima](image)

**Fig. 3** The vegetative and reproductive growth habit of *O. sativa* (top) and *O. glaberrima* (bottom) upland rice species which grow on dry soil compared to lowland rice species which grow in rainfed or irrigated flooded fields. Adapted from Dingkuhn et al., 2004.
NERICA

Since inter-specific crosses do not result in viable seed, embryo-rescue technique was used for the production of NERICA rice. The resulting hybrid rice cultivar has a higher yield due to increased grain size, better growth and also resistance to biotic (diseases and pest) and abiotic (drought) stresses. Dr. Monty Jones won the 2004 World Food Prize for creating a rice cultivar specifically bred for the ecological and agricultural conditions in Africa. The new rice cultivar was suitable to African drylands including and is grown in Guinea, Nigeria, Côte d’Ivoire, and Uganda.

Fig. 4 The vegetative and reproductive growth habit of *O. sativa* (top) and *O. glaberrima* (bottom) upland rice species which grow on dry soil compared to lowland rice species which grow in rainfed or irrigated flooded fields. Adapted from Dingkuhn et al., 2004.
Biology of the Crop

General Characteristics of the Development of the Rice Plant

The growth of rice plant can be divided into three developmental stages:

1. vegetative (germination to panicle initiation)
2. reproductive (panicle initiation to heading);
3. grain filling and ripening or maturation (milky stage to maturity)

Fig. 5 Growth and developmental stages of transplanted rice. Click the illustration to see a larger version. Illustration by Rice Knowledge Bank, licensed under CC-A-NC-SA 3.0 from www.knowledgebank.irri.org.
General Characteristics of the Development of the Rice Plant

The growth of rice plant can be divided into three developmental stages:

1. vegetative (germination to panicle initiation)
2. reproductive (panicle initiation to heading);
3. grain filling and ripening or maturation (milky stage to maturity)

Fig. 6 Growth and developmental stages of transplanted rice. Illustration by Rice Knowledge Bank, licensed under CC-A-NC-SA 3.0 from www.knowledgebank.irri.org.
Development Stages

The vegetative phase is subdivided into three stages

i. Germination
ii. Early seedling growth and
iii. Tillering

The reproductive phase is subdivided into four stages

i. Stem elongation
ii. Panicle initiation
iii. Panicle development
iv. Flowering

The ripening phase is subdivided into four stages

i. Milk grain
ii. Dough grain
iii. Mature grain

In a tropical environment, approximately half of the days of growth (from seeding to harvest) are in vegetative phase, and one-quarter each in the vegetative phase and the ripening phase.
**Seed Development**

In 2000, Counce et al., proposed a rice developmental staging system divided into three main phases of development:

i. Seedling  
ii. Vegetative  
iii. Reproductive and Ripening

The sequence of normally occurring seedling developmental events is presented, noting that there are exceptions to the sequence given.

**Seedling** development can be further divided into four stages:

i. Unimbibed seed (S0)  
ii. Coleoptile emergence (S1)  
iii. Radicle emergence (S2)  
iv. Prophyll emergence from the coleoptile (S3)

![Diagram of rice seedling growth stages](image-url)

*Fig. 7 Rice seedling growth stages. The rice coleoptile may emerge first from seed or the radicle may emerge first from seed. Emergence of either coleoptile or radicle is S1. Stage S2 is the stage at which both coleoptile and radicle emerge.*
At S3, prophyll (the first leaf to emerge, but lacks leaf blade and collar and consists only of the leaf sheath) emerges from the coleoptile before the radicle emerges from the seed. Adapted from Counce et al., 2000.
**Vegetative Development**

*Vegetative* development consist of V1, V2,... VN; where N is equal to the final number of leaves with collars on the main stem.

![Diagram of rice vegetative growth stages](image)

**Fig. 8** Rice vegetative growth stages. Rice vegetative growth stages for a rice cultivar with 13 true leaves on the main stem. $V_F$ denotes flag leaf and $V_{F-n}$ denotes the nth node before the flag leaf (stages V9-V13). Adapted from Counce et al., 2000.
### Reproductive Development

Reproductive development consists of 10 growth stages based on distinct morphological measures:

**Rice reproductive growth stages. Adapted from Counce et al., 2000.**

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>R0</strong></td>
<td>Panicle development has initiated</td>
</tr>
<tr>
<td><strong>R1</strong></td>
<td>Panicle branches have formed</td>
</tr>
<tr>
<td><strong>R2</strong></td>
<td>Flag leaf collar formation</td>
</tr>
<tr>
<td><strong>R3</strong></td>
<td>Panicle exertion from boot, tip of panicle above collar of flag leaf</td>
</tr>
<tr>
<td><strong>R4</strong></td>
<td>One or more florets on the main stem panicle have reached anthesis</td>
</tr>
<tr>
<td><strong>R5</strong></td>
<td>At least one caryopsis on the main stem panicle is elongating to the end of the hull</td>
</tr>
<tr>
<td><strong>R6</strong></td>
<td>At least one caryopsis on the main stem panicle has elongated to the end of the hull</td>
</tr>
<tr>
<td><strong>R7</strong></td>
<td>At least one grain on the main stem panicle has a yellow hull</td>
</tr>
<tr>
<td><strong>R8</strong></td>
<td>At least one grain on the main stem panicle has a brown hull</td>
</tr>
<tr>
<td><strong>R9</strong></td>
<td>All grains which reached R6 have brown hulls</td>
</tr>
</tbody>
</table>
brown hull. Rice reproductive growth stages. The brown hull indicates the grain has begun to dry.
Further Characteristics

The grain yield of rice is formed by the following four components:

- Number of panicles/m²
- Number of grains / panicle
- Percentage of ripened grains
- 1000 gm weight.

However, plot yield weight remains the best way to determine the yield of lines or genotypes.

Photosynthesis

Rice is a C3 plant. C3 photosynthetic pathway is not very efficient at transforming inputs to grain, in comparison to the C4 pathway. In order to increase rice yield there are ongoing efforts on development of C4 rice to create a new type of rice with enhanced photosynthetic capacity (Susanne von Caemmerer et al, 2012). The effort to develop C4 rice is worth it as rice is the staple food source in many Asian countries like India, China and Japan, and also it is grown in places where maize cannot be grown.

Photoperiod and Temperature

*Oryza sativa* is classified as a short-day plant (i.e., requires long nights to flower). This means that heading date (the number of days it takes for the panicle to begin to exert from the boot, that is, the flag leaf sheath) is accelerated under short-day conditions, while heading date is delays when long-day conditions exist (Garner and Allard, 1920).
**General Classification of Rice Production Systems**

According to the **International Rice Research Institute** (IRRI), rice can be classified into four major production ecosystems:

i. **Irrigated rice** - Rice is grown in well watered condition and is flooded throughout the rice growing season.

ii. **Rainfed lowland rice** - Rice grown under this condition is dependent on rainfall only, and land is prepared such that it preserves the rain water.

iii. **Upland rice** – Rice grown without irrigation water and relies completely on rainfall.

iv. **Flood-prone rice** - Rice grown in river areas is deep water rice, with no inbuilt water control system.

---

**Fig. 9 Rice production ecosystems. Data from IRRI, 2009.**

<table>
<thead>
<tr>
<th>Rice Ecosystem</th>
<th>Total Production area (%)</th>
<th>Total rice production (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Irrigated lowland</td>
<td>55-60</td>
<td>≈ 75</td>
</tr>
<tr>
<td>Rainfed lowland</td>
<td>≈ 30</td>
<td>≈ 20</td>
</tr>
<tr>
<td>Rainfed upland</td>
<td>≈ 10</td>
<td>&lt; 5</td>
</tr>
</tbody>
</table>
Diversity

There is huge diversity in Oryza species for shape, color, size as can be seen in the image below.

Fig. 10 Rice grains of different specimens. Photo by IRRI Images; licensed under CC BY 2.0 via Wikimedia Commons.

Rice production
(in millions of tons)

Fig. 11 Rice production by geographic region and year. Data from IRRI World Rice Statistics Online Query Facility.
Adaptation, Economic Importance and Uses

Rice in the Human Diet and Nutrition

Fig. 12 Nutrient content of different kinds of rice. Data from Food and Agriculture Organization of the United Nations, 2004.
Processing

The procedure of milling and consequently polishing rice, results in the highly valued white rice which removes nearly all the outer layers and germ and leaves a product deficient in thiamine. Through fortification and parboiling, adequate quantities of thiamine and other B vitamins can be retained in rice. Parboiling is usually done in the mill where unhusked rice is generally steamed, so that water is absorbed by the whole grain providing an even distribution of vitamins in the whole grain. However, in conventional methods, the paddy is dried and dehusked prior to milling.

Rice Paddy Production in Africa

In millions of tons

Fig. 13 Predicted rice paddy production in Africa. Adapted from FAO Rice Market Monitor, April 2014.
International Breeding Centers

The Consultative Group on International Agricultural Research (CGIAR) has three centers:

- The International Rice Research Institute (IRRI) has a global mandate to work on rice and its headquarters is in Los Baños, Laguna in the Philippines.
- The West Africa Rice Development Association (WARDA) has mandate to work on rice in West Africa.
- The International Centre for Tropical Agriculture (CIAT) has the regional mandate to work on rice in Latin America.
Breeding Methods

Heterosis

Heterosis refers to the superiority of the F$_1$ hybrids resulting from a cross of diverse parents, over their parents in performance of desired traits, for example, vigor, yield, number of productive tillers, panicle size, number of spikelets per panicle.

The crosses (×) between rice subspecies showing heterosis in decreasing order are as follows:

- indica × japonica
- indica × javanica
- japonica × javanica
- indica × indica
- japonica × japonica
- javanica × javanica
Types of Heterosis

**Intrasubspecific heterosis**: It is the most commonly used heterosis which provides around 15% to 20% more yield than the best check grown under similar conditions. For example

a. *indica* × *indica*
b. *japonica* × *japonica*

**Intersubspecific heterosis**: *Oryza sativa* ssp. *indica* and ssp. *japonica* are two of the most common subspecies of cultivated rice. The cross between these two subspecies shows maximum heterosis in the F₁ hybrid. Major limitation in intersubspecific heterosis is the high spikelet sterility and long growth duration. The discovery of wide compatibility (WC) genes has provided a solution to overcome these problems allowing the utilization of these type of crosses.

**Interspecific heterosis**: The crosses in cultivated species refer to only *O. sativa* and *O. glaberrima*. However, heterosis of yield is very high and plant stature remains a problem.

In rice, the interspecific F₁ hybrids cannot be used commercially. Examples of interspecific hybrids as a result of wide hybridization, generates genetic variability and bring together several biotic and abiotic stress resistance genes.

a. *O. sativa* × *O. longistaminata*
b. *O. sativa* × *O. rufipogon*
c. *O. sativa* × *O. perennis*
Hybrid Rice

For details on hybrid rice research at public and private commercial sectors, refer to the following links:

- IRRI
- Pioneer
- DuPont

The commercial rice crop grown as a hybrid crop is an F₁ hybrid developed from the cross of two genetically diverse pureline parents. Good rice hybrids have the potential to yield 15-20% higher than the best pureline cultivar when these two (hybrid and pureline parents) are grown under similar conditions.

Since rice is a self-pollinated crop, the male sterility system has been used to develop commercial rice hybrids. Commercial companies are more interested in developing hybrid cultivars because of the profits accrued from farmers returning each year to buy new seed. The higher cost of hybrid seed is partly due to the increased cost of development of the parents used to make the hybrids.
Male sterility is defined as the inability of a plant to produce functional pollen grains. The use of male sterility in hybrid seed production has a great importance as it eliminates the process of mechanical emasculation. Three forms of male sterility that can be used are:

1. Cytoplasmic genetic male sterility (CGMS)
2. Environment-sensitive genic male sterility (EGMS)
   - EGMS is classified in the following categories
     A. TGMS: temperature-sensitive genetic male sterility
     B. rTGMS: reverse temperature-sensitive genetic male sterility
     C. PGMS: photoperiod-sensitive genetic male sterility
     D. rPGMS: reverse photoperiod-sensitive genetic male sterility
     E. PTGMS: photothermosensitive genetic male sterility
3. Chemically induced male sterility (CIMS)
Cytoplasmic Genetic Male Sterility

Hybrid Rice Breeding Using Cytoplasmic Genetic Male Sterility

In CGMS, three lines are involved in hybrid rice development and the process flow is as follows:

1. **Cytoplasmic male sterile line (A line)** - The male sterility is controlled by the interaction of sterile cytoplasm (S) and fertility-restoring genes (rf) present in the recessive form in the nucleus.

2. **Cytoplasmic male fertile line also known as maintainer (B line)** - is iso-cytoplasmic to the CMS A-line since it is similar to it for nuclear genes but differs as it has normal cytoplasmic factor (N). A-lines are developed from B-lines using backcross breeding to transfer the CMS gene. The N gene makes the B-line self-fertile, and is used in crossing with the sterile A-line to maintain A-line seed production.

3. **Restorer line (R line)** - R line possesses dominant fertility-restoring genes (Rf), and so is different from the A line and B-line; the restorer line is developed separately to maintain genetic dissimilarity from A-line for expression of heterosis. The restorer gene in the dominant homozygous (RfRf) or heterozygous (Rfrf) state has the ability to restore the fertility in the F₁ hybrid.

---

**Fig. 14** Breeding strategy using cytoplasmic genetic male sterility. Adapted from Khush, 2001.
Hybrid Seed Production Using CGMS

Hybrid seed production involves two steps:

1. **CMS line (A line) multiplication (AxB):** The seed of the CMS line (A line) is multiplied by crossing with the maintainer line (B line) either by hand (in plant breeding programs where a small quantity of seed is required) or in the field under isolation by space or time (to produce breeder seed for commercial seed production). Remember that the A-line is only a parent in hybrid production and it is not for commercial seed sale for farmer production. Seed companies may be interested to obtain marketing rights of A-line for their hybrid breeding program). Generally, A-line seed production field consists of 6 or 8 rows of A-lines alternating with 2 rows of B-lines. This pattern is repeated throughout the field as depicted below (6 rows of A-lines, alternating with two rows of B-lines and repeating pattern in field).

   ... B B A A A A B B A A A A B B A A A A B B A A A A B B ...

2. **Hybrid seed production (AxR):** Hybrid seed is produced by crossing the A line with the R line in isolation. The hybrid seed is sold to farmers for commercial production so a large increase of parent seed and hence hybrid seed is necessary. More than one location may be planted to make the hybrid seed to minimize the impact of loss of field due to an environmental event or other causes. In the field, 8-10 rows of A-lines are grown interspersed with two rows of R-line to produce hybrid seed.

   ... R R A A A A A A R A A A A A A A A A R A A A A A A A R R ...
Additional Information For Hybrid Seed Production

- The planting dates may need to be staggered to achieve synchronized flowering of the two parents.
- For better pollen dispersal (from male parent) and seed set (on female parent), ropes or sticks are often used.
- Hormone treatment, such as Gibberellic acid (GA), can increase the receptivity of female to accept pollen. This happens due to better emergence of female panicles from the sheath, exposing the ovary to male pollen.
Fig. 15 Flow of hybrid rice evaluation and seed production in a 3-line system. Adapted from FangMing Xie, IRRI, Hybrid Rice Breeding & Seed Production. Used with permission.
Hybrid Rice Breeding using EGMS

In the **two-line method**, the male sterile line is (male sterility controlled by a recessive gene) crossed to a pureline that is male fertile (i.e. it possesses the dominant gene for sterility). Male sterility in the female line is genetically controlled by recessive genes and sterility expression is influenced by environment (temperature, photoperiod, or both), and the male parent is selected to be good pureline pollen producer.
Classification of the EGMS System

Types of EGMS Stystems Used In Two-Line Hybrid Rice Breeding

1. **Thermo-sensitive genetic male sterility (TGMS)** - In TGMS lines, the sterility or fertility expression is controlled by temperature. Regardless of photoperiod, TGMS lines are usually highly sterile under high temperature and highly fertile under low temperature. The first TGMS line was reported by Japanese Scientist in the rice variety Remei where gamma ray induced mutation resulted in sterility (31-24°C) to partial fertility (28-21°C) and complete fertility (25-15°C).

2. **Photoperiod-sensitive genetic male sterility (PGMS)** - In PGMS lines, the sterility or fertility expression is controlled by daylength. Under long-day conditions, most PGMS lines remain male sterile. Under short-day conditions, they revert back to being fertile. The first spontaneous PGMS mutant, Nongken 58S (NK58S), was reported in 1973 from the japonica (O. sativa ssp.japonica) cultivar Nongken 58 (NK58). NK58S retained male sterility under long day length (longer than 13.75 h) during anther development, while under short day length (less than 13.5 h), partial or complete male fertility was observed. Temperature response was also observed for this line. Under long-day conditions at high temperatures (~29°C) slightly more male sterility was observed.

3. **Reverse photoperiod-sensitive genic male sterility (rPGMS)** - PGMS lines express sterility under short day length and under long day length revert to being fertile. This system is known as reverse PGMS (rPGMS).

4. **Photothermosensitive genetic male sterility (PTGMS)** - PTGMS lines are sensitive to both photoperiod and temperature. Temperature is the important factor since PTGMS lines become completely male sterile or fertile beyond (over or under) a threshold temperature range, without any influence of photoperiod. In this system the effect of temperature and photoperiod is difficult to separate and under natural conditions both factors interact to determine sterility or fertility.
Classification of the EGMS System

Advantages of EGMS Systems

1. There is no requirement for seed multiplication of a maintainer line, therefore making the seed production system cheaper.
2. No need for backcross breeding to develop a CMS A-line from B-lines.
3. Hybrid breeding efficiency is higher in two-line breeding than three-line breeding since it allows use of any fertile line as a pollen source parent.
4. Undesirable effects of sterility-inducing cytoplasm do not occur.
5. It is ideal for developing indica/japonica hybrids as there is no requirement for restorer lines.

Disadvantages of the EGMS Systems

1. The sterility trait is under the control of environmental factors, and any variation such as temperature fluctuation because of a storm, rain etc., will impact the sterility of EGMS lines.
2. Seed production can be done in the latitudes with optimal photoperiod length, therefore limiting options in some cases for which locations can be used. The seed multiplication (lines and hybrids) are constrained by space and season.
Fig. 16 Flow of hybrid rice evaluation and seed production in a 2-line system. Adapted from FangMing Xie, IRRI, Hybrid Rice Breeding & Seed Production. Used with permission.
**Conventional Rice Breeding Program**

In conventional breeding, and for rice programs as well, two parents are crossed and segregating generations are screened for the trait of interest, for example, disease resistance, maturity, height and protein. Uniform lines are tested for yield and along with resistance, desirable varieties are selected and released. The development process from making the initial cross to variety release is shown in Fig. 17.

---

**Fig. 17** Conventional Breeding for new variety development and release. Adapted from Khush, 2001.
References


Acknowledgements

This module was developed as part of the Bill & Melinda Gates Foundation Contract No. 24576 for Plant Breeding E-Learning in Africa.

**Crop Improvement Rice Breeding Author:** Arti Singh, and Asheesh Singh (ISU)

**Multimedia Developers:** Gretchen Anderson, Todd Hartnell, and Andy Rohrback (ISU)

---
